

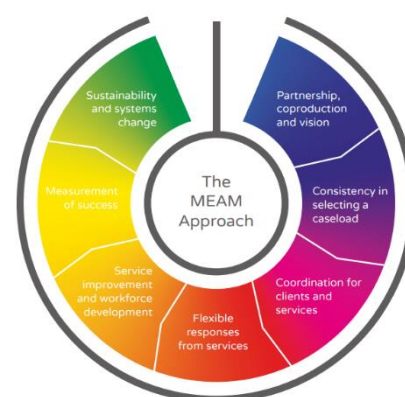
## STAR Project

(System Treatment and Recovery) - Rough Sleeping Drug and Alcohol Treatment

### Project Overview

The STAR Exeter project has been awarded funding by the Office for Health Improvement and Disparities (OHID) to bring together a One Team approach to providing wrap around support and engagement to people rough sleeping or in temporary accommodation, who are experiencing substance misuse challenges but are not yet engaged with relevant services. The One Team will include a project co-ordinator, team leader, specialist enablement workers (SEW), psychologist, GP, data analyst and administrators. The whole team will work using a MEAM, trauma informed approach.

The MEAM approach is a framework used by local partnerships across England to develop a coordinated approach to tackling multiple disadvantage in their local area. It focuses on creating long-term, sustainable change to the way that complex problems and systems are approached and understood.



### The STAR project aims to:

- To increase capacity in system to offer intensive intervention when an individual has a *treatable moment*
- Building on existing excellent practice
- Developing current relationships/collaborations
- Strengthening an alliance of organisations with a future vision
- Existing trust across partners
- Realistic expectations
- Align with other programmes eg. RSI /Flexible assertive support team (FAST)/One Mental Health team et al

### Partner Organisations

DCC (Public Health), Exeter City Council, Together Devon, BCHA< CoLab Exeter, Julian House, Clock Tower Surgery, BtheChange, Devon & Cornwall Police

### Project Team

**STAR Project co-ordinator** (Strategic focus) not yet appointed (1 FTE)

**STAR Team Leader** (Operational focus) (1 FTE) – Kevin Ellis – [kevin@bthechange.org.uk](mailto:kevin@bthechange.org.uk)

The Project Team Leader will take responsibility for the curation, management, wellbeing and smooth running of the service delivery team.

**System Leadership Board** – Fiona Carden (2 days per month project oversight and leadership)

**STAR enablement worker** (9 roles across Exeter) Currently 4 appointed

The SEW will ‘follow the person’ – staying with them on their journey rather than being attached to a service or location. The consistency of the relationship, bringing the team around the individual, will invite the person to be the decision maker in their care. This will include access to a small

personal budget to 'unlock' things for the individual. The aim is to increase capacity in a system to be able to offer intensive intervention when and individual has a treatable moment.

The STAR enablement worked role will include:

- Care co-ordination and advocacy- empowering individual to access what matters to them and assist in engagement with drug and alcohol treatment services
- Housing support including weekend support
- Promoting early re-engagement should individuals start to disengage
- Physical and tangible support including assistance to appointments, handholding and co-ordinating into available activities and pro-social support
- Social behaviours Network Therapy
- Cognitive Behavioural relapse prevention-based therapy
- Harm reduction including needle exchange, naloxone distributing
- Physical and tangible support including assistance to appointments, handholding and co-ordinating into available activities and pro-social support
- Preparation for detox
- Co-ordination with other support providers
- Non-fatal overdose welfare checks
- Upskill others in understanding the substance misuse treatment offer/harm reduction messages
- Operational vision of building trusting relationships etc

### **What is the referral mechanism?**

The inclusion, exclusion criteria and referral mechanism have been co-produced and the information will be made available in early January 2023 via the STAR Team leader and STAR enablement workers.